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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Stearns

Art Unit: 3764

Serial No.: 10/047,943 Examiner: Crow

Filed: 01/15/02

Title: EXERCISE METHODS AND APPARATUS

Certificate of Facsimile Transmission

I hereby certify that this TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION and the items identified herein (6 PAGES TOTAL) are being sent via facsimile number (571) 273-8300 to the Commissioner for Patents, Attn: Art Unit 3764, on this 14th day of October, 2005.

MAK A. Krull

TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION

Commissioner for Patents Attn: Art Unit 3764

Dear Sir:

In connection with the above-identified patent application, transmitted herewith is a 4-page Response.

Please consider this a request for any necessary extension of time, including a one month extension of time.

Please charge any appropriate fees, including \$60.00 for a one month extension of time, to USPTO Deposit Account No. 501463. This document is being submitted in duplicate.

> MAKL Mark A. Krull Reg. No. 34,205

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Sent By: Mark A Krull;

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OCT 14 2005

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Applicant:

Stearns et al. Art Unit: 3764

Serial No.: 10/047,943 Examiner: Crow

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Title: EXERCISE METHODS AND APPARATUS

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I hereby certify that this AMENDMENT AND RESPONSE is being sent via facsimile number (571) 273-8300 to the Commissioner for Patents, Attn: Art Unit 3764, on this 14th day of October, 2005.

AMENDMENT AND RESPONSE

Commissioner for Patents

Attn: Art Unit 3764

Dear Sir:

Introduction

This Amendment and Response is being submitted in reply to the Office Action dated June 14, 2005.